

# Group Befriending: Coffee Mornings

## Who are we?

We care. We connect. We put the common good above all else. We are Octavia. Building good homes and better lives, since 1865.

## Our Coffee Mornings

Our coffee mornings are designed to connect like-minded people in the local community for an hour or two of friendly conversation and fun.

## How can I access?

If you are over 50, and would like to access this support, we would love to hear from you. Please contact Meenaxi Chavda for more information:  
[Meenaxi.chavda@octavia.org.uk](mailto:Meenaxi.chavda@octavia.org.uk)  
Or phone on 07341489839

## The Reed

**When:** Mondays 2pm-3.30pm

**Where:** The Reed, 28 Convent Gardens, W11 1NH

Situated on the site of the former Kensington Day Centre in Convent Gardens, W11, The Reed is a short walk from Ladbroke Grove and Portobello Road.